

10 Easy Steps to a Healthier Office

1. Avoid use of toxic pesticides & insecticides
2. Use non-toxic cleaners & products
3. Increase ventilation
4. Eat more organic foods
5. Use plastic products wisely
6. Minimize magnetic fields
7. Minimize cell phone usage
8. Minimize electric fields
9. Minimize wireless devices
10. Spend time outdoors



WEHL
PO Box 738
Lyles, TN 37098

Wings of Eagles Healthy Living



“Educating Individuals How to
Create Healthy Indoor
Environments”

PO Box 738
Lyles, TN 37098
931.670.3576
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Healthy Office Overview

Wings of Eagles Healthy Living (WEHL), a Tennessee nonprofit dedicated to educating people about how to create healthy indoor environments, bring you the Healthy Workplace Campaign with the goal of teaching employees simple ways to make their offices cleaner and healthier.

The Healthy Workplace Campaign is an innovative collaboration between nonprofit organizations. “By educating employees about the potential risks in their workplace, we empower them to take simple steps to improve their own health and the health of their colleagues and families,” said Vicki Warren, WEHL Program Director. The program will be offered at no cost to any corporation or office. Note that travel costs will be covered by the corporation.

To schedule a program for your group, contact:

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Healthy Learning

The objective of the Healthy Workplace Campaign is to educate employees about indoor pollutants and how to create healthier indoor environments. The Environmental Protection Agency (EPA) has recognized that there is a significant increase in productivity and decrease in sick leave when work environments are healthy.

Program objectives vary by audience; however, the general program will include discussion and demonstrations on the following topics:

- Pesticides/herbicides
- Electromagnetic radiation
- Dust particulates
- Toxic chemicals

All lessons focus on teaching employees about potential indoor risks with often economical and easy solutions so they can apply these to their workplace and their homes to improve the health of their indoor environments. The goal of all WEHL Programs is to educate and empower individuals to make a difference in the health of their homes and workplaces.

How You Can Help



The Healthy Workplace Program is possible due to the support of individuals and businesses. Your help is always appreciated.

I would like to join Wings of Eagles Healthy Living in creating healthier indoor environments for families with my tax-deductible contribution of:

- \$65 to sponsor one presentation
 - \$25
 - \$50
 - \$100
 - \$500
 - \$1,000
 - other \$ _____
- checks payable to WEHL

Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Email: _____

Phone: _____



Please make your check payable to WEHL and mail to WEHL, PO Box 738, Lyles, TN 37098. Thank you again for your support of our mission!

